



# THE HANDOUT



ISSUE NO 11. | THURSDAY 12<sup>TH</sup> SEPTEMBER 2019

CITY OF GOLDCOAST.

We welcome you to the Gold Coast for the 2019 Australian Squash Masters Championships.

NOW AVAILABLE ON THE AMSC WEBSITE

\$24

## PLATTERS

Each Centre is providing Food Platters for the Teams week.

These need to be ordered in advance – so you will need to order your Platters the day before if possible.

*Make sure you get your order in!!*



## RAFFLE WINNERS WEDNESDAY 11<sup>TH</sup>

- 51 1<sup>st</sup> Eileen Barnard QLD
- 261 2<sup>nd</sup> Dianne Elliott NSW
- 434 3<sup>rd</sup> Robert Scott NSW
- 290 4<sup>th</sup> Monica Rigby NSW
- 109 5<sup>th</sup> Liz Lopes QLD

## ROWO Herbal Sports Gel

Come and visit the team from ROWO at the Carrara Trade Stalls. They have all the equipment and herbal sports gels to get you through the week.

## PEAK PERFORMANCE THERAPIES

John is at Carrara and will get those sore muscles back in action! Make a booking with him so you can keep squashing!

## Transportation during the Championships

We have organised shuttle vehicles to run between all 3 centres during the two weeks of play.

Gold coin donation would be greatly appreciated or each of your journeys.



For those that have organised hire cars, we encourage you to carpool with your fellow players and park at the Carrara Centre – where there is ample FREE parking. From there, you and your fellow players can travel to the other centres. If you take up this option to “carpool and ride”, please ensure that you arrive at Carrara well before your playing time, in order to be transferred and arrive at either of the other centres on time for your match.

**Refer to Timetable on Page 2.**

## AMSC TROPHY PRESENTATIONS



Carrara Squash Centre  
Friday 13<sup>th</sup> September  
(after last match)

Approx 4.pm – Centre Stage

GOSSIP



### No names mentioned...

Do you have a Lost Property? I lost my shoes 2 days ago. Hmm no shoes, sorry. 2 min later... found my shoes in the bag area where I left them. I even bought a new pair at Nerang!



Footsie Footsie or so they say...



Width restrictions at Carrara means those people retrieving balls need to have certain proportions!



Is this Ned Kelly's sister in crime?

### LOST/FOUND:

Small sparkly earring – come and visit the First Aid Office to retrieve.

# PHOTOS - Day 3 TEAMS – more photos available on the AMSC website:

<https://amsc.australianmasterssquash.com.au/2019-photos/>



## Timetable



CARRARA – LABRADOR – CARRARA		CARRARA – NERANG – CARRARA	
Time Departure	DAILY	Time Departure	DAILY
08:00 AM	Carrara Indoor Sports Stadium	8:00 AM	Carrara Indoor Sports Stadium
08:40 AM	Gold Coast Squash Centre (Labrador)	8:40 AM	Nerang Squash and Fitness
09:20 AM	Carrara Indoor Sports Stadium	9:20 AM	Carrara Indoor Sports Stadium
10:00 AM	Gold Coast Squash Centre (Labrador)	10:00 AM	Nerang Squash and Fitness
10:40 AM	Carrara Indoor Sports Stadium	10:40 AM	Carrara Indoor Sports Stadium
11:20 AM	Gold Coast Squash Centre (Labrador)	11:20 AM	Nerang Squash and Fitness
12:00 PM	Carrara Indoor Sports Stadium	12:00 PM	Carrara Indoor Sports Stadium
12:40 PM	Gold Coast Squash Centre (Labrador)	12:40 PM	Nerang Squash and Fitness
01:20 PM	Carrara Indoor Sports Stadium	1:20 PM	Carrara Indoor Sports Stadium
02:00 PM	Gold Coast Squash Centre (Labrador)	2:00 PM	Nerang Squash and Fitness
02:40 PM	Carrara Indoor Sports Stadium	2:40 PM	Carrara Indoor Sports Stadium
03:20 PM	Gold Coast Squash Centre (Labrador)	3:20 PM	Nerang Squash and Fitness
04:00 PM	Carrara Indoor Sports Stadium	4:00 PM	Carrara Indoor Sports Stadium

## Fun at The Outback Spectacular



Note the location of the ball – not in the green circle as presumed by Sally!



**HAPPY HOUR AT CARRARA**  
Carrara Squash Centre will be hosting a drinks 'Happy Hour' from 3.30pm to 4.30pm each playing day.

# RAFFLES RAFFLES RAFFLES

Raffles will be available every day at every centre.

Raffle tickets are selling:

**\$2 Ticket OR 3 Tickets for only \$5**

**\$50 worth of Scratchies for \$2**

**Joker Board - \$5 per card**